



# 40<sup>th</sup> CAMP - AKJQ -2012

## CEGEP LÉVIS-LAUZON

**CHIKARA WA KISO KARA SHOJIRU « Power originates from the ground »**



TIME	FRIDAY, JUNE 22	SATERDAY, JUNE 23	SUNDAY, JUNE 24	MONDAY, JUNE 25	TUESDAY, JUNE 26
6:45 a.m.		Wake up	Wake up	Wake up	Wake up
7:30 am - 9:00 am Training	<b>REGISTRATION</b>  1:00 pm - 10:00 pm	Sensei: D. Shim Group F - Dojo A Gojushiho Sho Bunkai  Sensei: M. Lussier Group C - Dojo B Kanku Dai Bunkai  Sensei: A. Dumas Group A-Palestre	Sensei: D. Shim Group A - Palestre  Sensei: M. Lussier Group F - Dojo B Bassai Sho Bunkai  Sensei: G. Périard Group C - Dojo A	Sensei: D. Shim Group E - Dojo A Gangaku Bunkai  Sensei: M. Lussier Group A - Palestre  Sensei: G. Bourgon Group B-Dojo B	<b>SPÉCIAL TRAINING</b> Sensei: D. Shim Group : Men Dojo A  Sensei: M. Lussier Group : Women Dojo B
9:30 - 10:30 am		Brunch	Brunch	Brunch	Brunch
12:00 - 1:00 Optionel training		Sensei: D. Shim, Dojo A-B Subject: Warm up			Sensei: B. Mattias, Dojo A-B
12:00 - 3:00 pm			DAN EXAMINATION Dojo A-B	KYU EXAMINATION Dojo A-B	
4:00 pm - 5:30 pm Training	Sensei:D. Shim 8 <sup>th</sup> dan Group D - Dojo A  Sensei:M. Lussier 6 <sup>th</sup> dan Group A - Dojo B	Sensei: D. Shim Group E - Dojo A Instructor class #8  Sensei: M. Lussier Group G- Dojo B  Québec team training Sensei: C. Deschênes Palestre	Sensei: D. Shim Group E - Dojo A Instructor class #18  Sensei : M. Lussier Group H - Dojo B Jiyu ippon kumite  Sensei: C. Godard Group I - Palestre	Sensei: D. Shim Group A- Palestre  Sensei: M. Lussier Group E - Dojo B Tekki Nidan Bunkai  Sensei: C. Bernleithner Group B- Dojo A	Sensei: D. Shim M. Lussier  Group : All levels Dojo A and B
6:30 - 7:30 pm	Diner	Diner	Diner	Diner	7:30 pm Diner and party
8:00 pm	AKJQ Board of meeting	AKJQ Technical Committee Meeting - Judo Gym	Lecture, Sensei Shim Judo Gym		
10:30 p.m.	Lights out	Lights out	Lights out	Lights out	

**GROUPS : A) White to blue B) Brown C) Brown and shodan D) Brown and black E) Black F) Nidan and up G) White to Brown H) Blue and brown I) White to green**